



Association for Prescribers

# Nurse/Non Medical Prescribing for Pain: National Update

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# Presentation outline

- To inform and update on:
- National developments in nurse/non-medical prescribing
- Developing confidence and competence in your ability to prescribe
- Demonstrating compliance with the NMC code for re-validation
- The benefits of nurse prescribing/non-medical prescribing for pain.

# Current related issues.

- Multi-professional working
- Safety
- Competence/confidence
- Standards and competence Frameworks
- Care pathways
- Patient led pain and symptom management
- Continuing Professional Development
- Workforce planning
- Professional body re-validation

# Non Medical Prescribers who and how many?

- Over 70,000 in UK across four countries.
- Community Practitioner Nurse and Midwife Prescribers over 30,000
- Independent and Supplementary Prescribers- growing numbers- across all sectors
- Supplementary Prescribers-still there

# Professions

- Nurses and Midwives- Independent and Supplementary Prescribers
- Nurses and Midwives- Community Practitioner Nurse and Midwife Prescribers
- Pharmacists- Independent and Supplementary Prescribers
- Optometrists- Independent Prescribers
- Physiotherapists- Independent and Supplementary Prescribers
- Podiatrists- Independent and Supplementary Prescribers
- Radiographers- Supplementary Prescribers

# Recent consultations-

- Independent Prescribing by Paramedics
- Independent Prescribing by Radiographers
- Supplementary Prescribing by Dieticians

# Continuing Professional Development- The Code, Prescribing and Re-validation.

- Revalidation benchmarked by Revised Code-2015

*18. Advise on, prescribe, supply, dispense or administer medicines within the limits of your training and competence, the law, our guidance and other relevant policies, guidance and regulations.*

<http://www.nmc.org.uk/globalassets/sitedocuments/nmc-publications/revised-new-nmc-code.pdf>

# How to prepare

- <http://revalidation.nmc.org.uk/what-you-need-to-do/>
- <http://www.nmc.org.uk/globalassets/sitedocuments/revalidation/how-to-revalidate-booklet.pdf#page=12>



# Key Points

- 450 hours over 3 years
- CPD – 35 hours over three years
- Reflective writing- five pieces over three years
- Reflective discussion- with an NMC registrant
- Must provide practice related feedback- five pieces over three years
- Must prove good health and good character
- Must prove indemnity insurance
- Must prove fitness to practice
- The above must be confirmed

# Competence and confidence Prescribing and pain management

National Prescribing Centre (2012) Single Competency Framework- due update this year (2016)

[http://www.webarchive.org.uk/wayback/archive/20140627112901/http://www.npc.nhs.uk/improving\\_safety/improving\\_quality/resources/single\\_comp\\_framework\\_v2.pdf](http://www.webarchive.org.uk/wayback/archive/20140627112901/http://www.npc.nhs.uk/improving_safety/improving_quality/resources/single_comp_framework_v2.pdf)

- Standards, Guidelines, Care Pathways and Competencies for pain management

# Pain management –complex picture

- Around 14 Million in UK with chronic and persistent pain.
- 30% of people in primary care had attended for help with pain.
- National Pain Audit 2013

<http://www.nationalpainaudit.org/methodology>

# Integrated Prescribing for pain

- Acute and long term conditions/ end of life care
- Direct management of pain and adjuvant management
- Patient led assessment/care pathways/patient led prescribing/Patient Participation Groups
- Advancing practice- Diverse field
- Changing professional profile/ interdisciplinary/ multi-specialty/

# Call for competency framework and minimum standards

- Minimum Standards British Pain Society (2008)
- [https://www.britishpainsociety.org/static/uploads/resources/files/pub\\_prof\\_pwsi.pdf](https://www.britishpainsociety.org/static/uploads/resources/files/pub_prof_pwsi.pdf)

NHS England

<https://www.england.nhs.uk/wp-content/uploads/2013/06/d08-spec-serv-pain-mgt.pdf>

- Practitioners with Specialist Interest (pain management)- currently pharmacists and GP's

National pain Audit (2012/13)

<http://www.nationalpainaudit.org/methodology>

# Royal College of Nursing (2015)

## Knowledge and skills framework for registered nurses

- Framework summary for Registered Nurses
- Sets out Domains of competence- one of which is pharmacological strategies. –one element of nursing care at level 6 and above to be an Independent Non-medical Prescriber.
- [https://www2.rcn.org.uk/\\_\\_data/assets/pdf\\_file/0007/638881/004984-.pdf](https://www2.rcn.org.uk/__data/assets/pdf_file/0007/638881/004984-.pdf)

# Pain management. National Guidelines

- NICE- Low back pain, palliative cancer care (pain), chest pain, neuropathic pain (drug treatment)

<https://www.evidence.nhs.uk/Search?q=nice+guidelines+pain+management>

- SIGN (2013 ) Management of Chronic Pain

<http://sign.ac.uk/guidelines/fulltext/136/index.html>

- Royal College of Anesthetists (2015)- Core Standards for Pain Management Services in the UK

<http://www.rcoa.ac.uk/system/files/FPM-CSPMS-UK2015.pdf>

- Patient Pathways- Map of Medicine

<http://mapofmedicine.com/map-medicine-british-pain-society-chronic-pain-pathways-covered/>

# In Summary

- Non-medical Prescribing growing and developing across disciplines
- Need to demonstrate and maintain competence and confidence
- Prescribing for the management of pain is complex
- Needs to be based on best evidence
- Need for integrated working- work force planning
- All working to best evidence and National Standards
- Care pathways and patient/carer involvement



# Thank you



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# References and Bibliography

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